

**YOUTH SPORTS
SUMMER CAMP INDEMNITY**

I fully understand that Youth Sports Staff members are not Physicians or Medical Practitioners of any kind. With the above in mind, I hereby release the Youth Sports Staff to render first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Youth Sports Staff to call our doctor and to seek medical help, including transportation by a Youth Sports Staff Member or its representatives, whether paid or volunteer, to seek any health care facility or hospital, or the calling of an ambulance for said child should the Youth Sports Staff deem this to be necessary.

We, the staff of Youth Sports recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sports of gymnastics, jump rope, trampoline, tumbling, cheerleading, and dance. Students may suffer injuries, possibly minor, serious or catastrophic in nature. Gymnastics, jump rope, trampoline, tumbling, cheerleading and dance, can be dangerous and lead to injury.

Parents should make their children aware of the possibility of injury and encourage their children to follow all safety rules and the coaches' instructions. The Youth Sports, its coaches and other staff members, will not accept responsibility for injuries sustained by any student participating in the Youth Sports Summer Camp Program. With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Youth Sports. I, my executors, or representatives, waive and release all rights and claims for damages that I or my child may have against Youth Sports or its representatives whether paid or volunteer. I also affirm that I now have and will continue to provide proper hospitalizations, health and accident insurance coverage which I consider adequate for both by child's protection and my own protection. I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. Youth Sports will only warn the child through "Safety Messages" and our teaching styles and progressions.

I/We also give Youth Sports permission to use any videos or photographs of the participant for publicity or promotional purposes.

Parent/guardian Signature: _____

Date: _____

Youth Sports Gymnastics

SUMMER CAMP SCHEDULE 2012

- Week # 1: June 18-22*
- Week #2: June 25 -June 29*
- Week #3: July 2-3 & 5-6 (4-day Jump Rope Tune Up Camp)*
- Week #4: July 9-13 (Tumbling)*
- Week #5: July 16-20 (Cheer)*
- Week #6: July 23-27 (Boys Training Camp)*
- Week #7: July 30- August 3 (Cheer Camp 2)*
- Week #8: August 6-10 (Mind & Body Camp)*
- Week #9: August 13-17 (Jump Rope Camp)*
- Week #10: August - 20-24*
- Splash Down Park Adventure Week: \$220.00*
- Week# 11; August 27-August 31*
- Pirates Cove Water Park Adventure Week: \$220.00*

- *Gymnastics Camp is offered every week .*
- *Jump Rope Tune Up Camp is offered on Week #3*
- *Tumbling Camp is offered only on Week #4.*
- *Cheer Camp 1 is offered only on Week #5.*
- *Boy's Training Camp is offered only on Week #6*
- *Cheer Camp 2 is offered on week #7*
- *Mind & Body Camp is offered only on week #8*
- *Jump Rope Camp is offered only on week #9*
- *** Note Specialty Camps are offered in addition to weekly Gymnastics Camp. All day campers may combine specialty camps with gymnastics camp for the full day cost if age and ability appropriate.*



2012

GYMNASTICS CAMP 2012

GYMNASTICS CAMP IS OFFERED EVERY WEEK IN ADDITION TO OUR SPECIALTY CAMPS!

YOUTH SPORTS, Virginia Training Center's Summer Camp Program gives kids of all gymnastics backgrounds and ages a chance to develop new skills, make new friends and above all have loads of fun! Gymnastics Camp is open to kids ages 5 - 15. The kids will participate in gymnastics, jump rope, arts and crafts, swimming, putt-putt golf, movies and more. A weekly schedule will be handed out on the first day of each week of camp. All campers will need to bring 2 snacks and a bag lunch each day. Names should be clearly labeled on all personal belongings.

PAYMENT INFO.

DEPOSIT \$25.00 PER WEEK
(APPLIED TOWARD TUITION)

FULL DAY CAMP

Monday - Friday: 7:00 am-4:30 pm

\$190.00 PER WEEK

Weeks #10 & 11: **\$220.00**

HALF DAY CAMP

Monday-Friday: 8:30 am-12:00 pm

\$140.00 PER WEEK

- Early drop off and Late pick-up available at an additional fee of \$5.00/Hour. (Must be pre-arranged and scheduled)

10% Sibling Discount (discount taken after first child)

DEPOSIT & PAYMENT INFO.

A non-refundable deposit of \$25.00 is due for each week of registration for all camps. Deposit applied toward tuition.

Registration is due 2 weeks prior to the start of camp. * Register early to reserve your spot!



SPECIALTY CAMPS

JUMP ROPE TUNE-UP CAMP is for beginner through expert competitive jump ropers. Participants will focus on jump rope competitive events in single rope speed, power, and freestyle. Stations will also be available for recreational jumpers beginner through advanced levels.

PAYMENT INFO. Week 3 July 2-3 & 5-6

Monday-Friday 12:30-3:30pm **\$140.00 / WEEK 3**

TUMBLING CAMP is for beginner through advanced levels, ages 6-18. The campers will first focus on the basic fundamentals of tumbling and progress into higher level skills. Tumbling camp is offered only for week #4 of the VSTC SUMMER CAMP PROGRAM. Register early to reserve your spot!

PAYMENT INFO. Week 4 July 9-13

Monday-Friday 12:30-3:30pm **\$140.00 / WEEK 4**

CHEERLEADING CAMP 1 from 12:30-3:30 pm. Participants will focus on strength and flexibility, jumps, motions, stunting, dance, basic and advanced tumbling skills. Cheerleading Camp is open to kids ages 6 -17. Tennis shoes, T-shirt and shorts should be worn each day. Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 5 July 16-20

Monday-Friday 12:30-3:30 pm **\$140.00 / WEEK 5**

BOY'S TRAINING CAMP is for compulsory level boys ages 5-15. Participants will learn compulsory elements and routines for the upcoming season. T-shirt and shorts should be worn each day. Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 6 July 23-27

Monday-Friday 12:30-3:30 pm **\$140.00 / WEEK 6**

CHEERLEADING CAMP 2 from 12:30-3:30 pm. Participants will focus on strength and flexibility, jumps, motions, stunting, dance, basic and advanced tumbling skills. Cheerleading Camp is open to kids ages 6 -17. Tennis shoes, T-shirt and shorts should be worn each day. Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 7 July 30- August 3

Monday-Friday 12:30-3:30 pm **\$140.00 / WEEK 5**

MIND & BODY CAMP is for all age levels and is designed to prepare students for the upcoming school year. (see separate brochure for details)

PAYMENT INFO. Week 8 August 6-10

Monday-Friday 12:30-3:30 pm **\$140.00 / WEEK 8**

JUMP ROPE CAMP provides instruction from the beginner level through advanced masters level skills to students ages 5-17. Jump Rope camp is a all day camp Monday-Friday with instruction from 9:00 AM-4:00PM. This camp will feature guest instructors who are nationally/internationally recognized. Tennis shoes, T-shirt and shorts should be worn each day. Please bring lunch 2 snacks and a water bottle to camp each day.

PAYMENT INFO. Week 9 August 13-17

Monday-Friday 7:00-4:30 pm **\$190.00 / WEEK 9**

SPLASH DOWN PARK ADVENTURE WEEK 10 \$220.00

PIRATES COVE WATER PARK ADVENTURE WEEK 11 \$220.00

YOUTH SPORTS

GYMNASTICS

JUMP ROPE & CHEER

Camp Registration Form

PARTICIPANT INFORMATION

Name _____

Address _____

Participant Age: _____ (must be 5 years old)

Date of Birth: _____

Health / Medications / Allergies _____

Week of Camp Registering For _____

1/2 Day: _____ Full Day: _____

GYM _____ CHEER _____ TUMBLING _____

PARENT/GUARDIAN INFORMATION

First Name _____

Last Name _____

E-mail : _____

Emergency Phone # _____

Additional Phone # _____

INSURANCE / PHYSICIAN INFORMATION

Physician Name _____

Phone # _____

Insurance Co. _____

ID # _____

(Please make checks payable to Youth Sports)

Please sign the back of this form